

Name: _____ Period: _____ Date: _____

STRETCH

When we work on projects, we are growing. We need to do work that is hard, and that we need just a little outside help to complete. To make sure we are stretching ourselves and not doing work that is too simple or easy, we need to make sure that the assignment is a **STRETCH** for us.

<p>Self</p>	<p>Each project should make some change in you as a person. At least it should provide you with new knowledge and skills. It may also change your attitude or perspective. Determine how you expect to grow and change as a result of working on this project.</p>
<p>Teaching</p>	<p>Some NEW knowledge or skill must be gained in every project. The source of knowledge cannot always be your teacher. You may teach yourself some skills with reference books and tutorials, but you should also seek professionals who are willing to assist you. Identify the knowledge and skills you expect to gain and the sources you will use to gain each one.</p>
<p>Reflection</p>	<p>New knowledge and skills should not relate just to this project. Identify ways your new knowledge and skills can be incorporated into your career goals or future projects.</p>
<p>Evaluation</p>	<p>Each project may have slightly different criteria for determining the quality of the work. Identify the criteria for evaluating this project and what will determine the strengths and weaknesses. Determine how you will ensure high quality results.</p>
<p>Time</p>	<p>You are required to document the amount of time spent on this project in and out of class. Determine a workable format and method for documenting your time. Make sure that you can and will use it.</p>
<p>Creation</p>	<p>Each project must have some tangible form. Determine what you will create in completing this project. Identify what processes you will have to go through and what materials you will need.</p>
<p>Honor</p>	<p>Sign and date this honor pledge:</p> <p><i>This project will represent my best work. I will read and follow all of the directions to the best of my ability. I will plan my time well and will not procrastinate. This work will be my own; I will not plagiarize or receive undue or inappropriate assistance.</i></p> <p>_____ / ____ / _____ Signature Date</p>